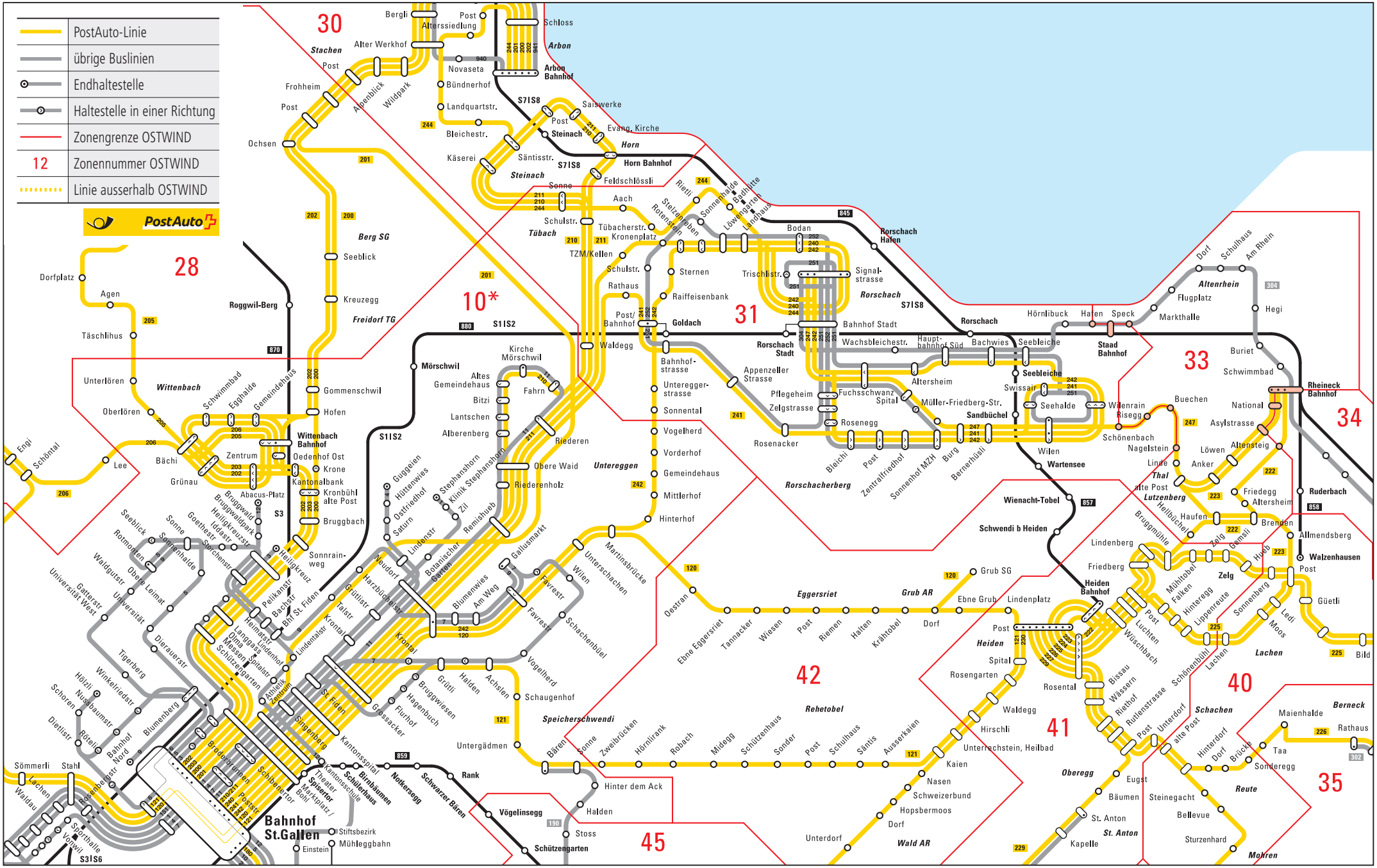St. Gallen/Rorschach/Rheineck