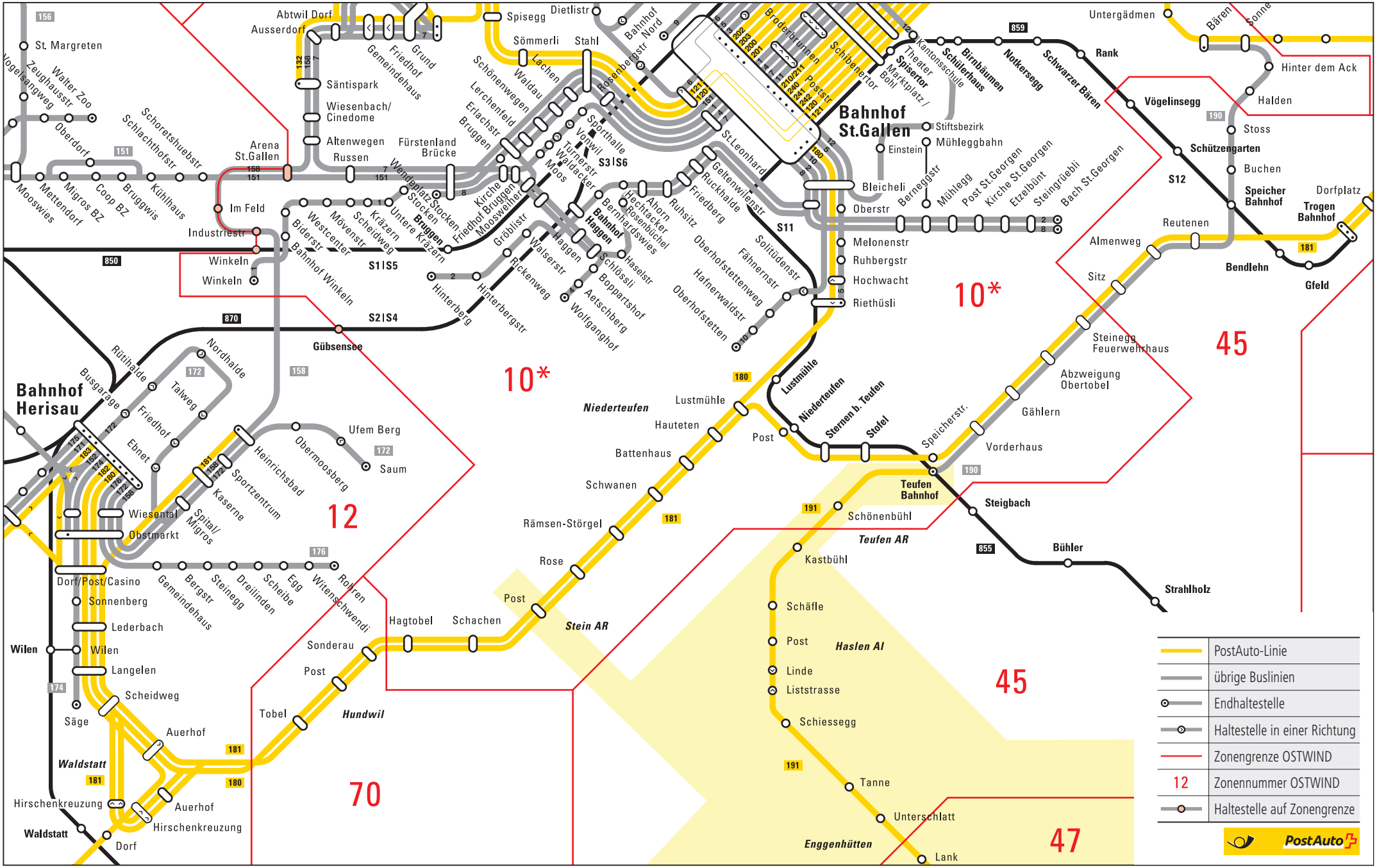Herisau/Stein AR/St. Gallen/Trogen